

**CBSE Class 4 English**  
**NCERT Solutions**  
**Chapter – 3**  
**POEM - RUN!**

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**1. What does the poem tell us to do?**

**Ans.** The poem tells us to run and to remain happy throughout the day.

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**2. Write about the places where the poet wants us to run.**

**Ans.** The poet wants us to run- (i) away from the city, (ii) onto the sun, (iii) towards the country, (iv) in the raindrops, (v) underneath the trees, (vi) down the hillside, (vii) through the meadow.

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**3. Do you like to play and run about? Why?**

**Ans.** Yes, I like to play and run about. It gives me joy and the feeling of togetherness with my friends. It is also good for health.

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**4. Running is a very good exercise. Name any three games that you play in which you have to run.**

**Ans.** Cricket, football and race.

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**5. When you run fast, what do you feel is happening in your body?**

**Ans.** When I run fast, I feel my breathing has become fast and my heartbeat have increased.

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**6. Some letters are missing in each word, write “ee”, “ea” in each words.**

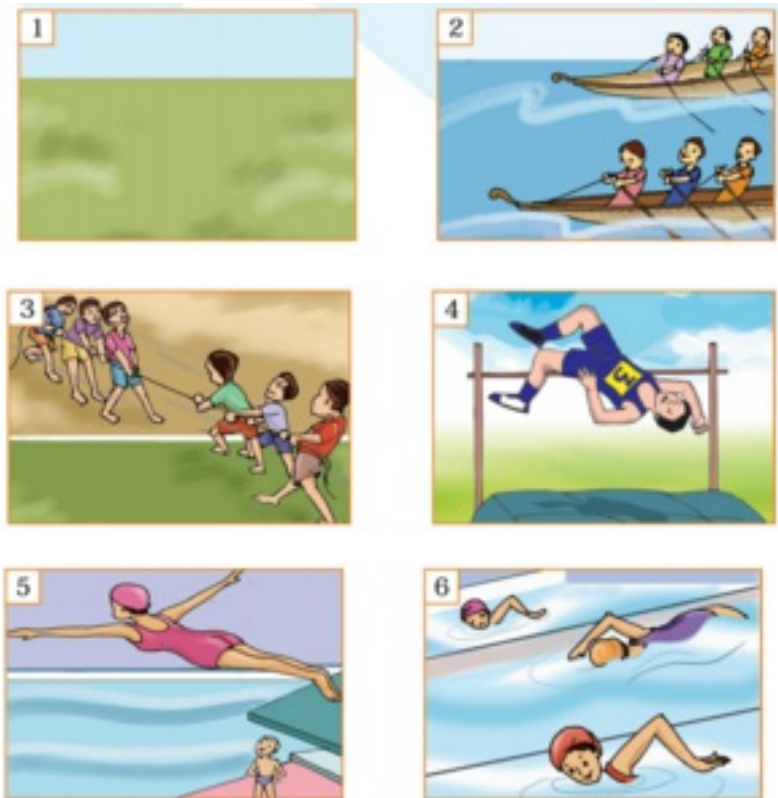
**Ans.** (i) treees, (ii) sleep, (iii) pleese, (iv) beep, (v) tease, (vi) feet, (vii) teach, (viii) meet.

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**7. Answer the questions by looking at picture on page no. 43 of the textbook.**

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**Example:** What is happening in picture 5? The girl is diving into the water.



**(i) What is Mohan practicing in picture 4?**

**Ans.** He is practising of high jump.

**(ii) What are Anil and his friends pulling in picture 3?**

**Ans.** Anil and his friends are pulling a rope.

**(iii) Where are the boats racing in picture 2?**

**Ans.** The bouts are racing in the water.

**(iv) What are the boys doing in picture 1?**

**Ans.** The boys are running a race.

**(v) What are the girls doing a picture 6?**

**Ans.** They are swimming.

**8. Now make one more question for each picture. Write the question in the space below each picture. Use how many, what are, where are/is, how, why, to make questions.**

**Ans.** (i) Picture 1: How many boys are running in the race?

(ii) Picture 2: How many boats are there in the picture?

(iii) Picture 3: Where are Anil and his friends pulling the rope?

(iv) Picture 4: What is the number on Mohan's shirt?

(v) Picture 5: Who is looking at the girl?

(vi) Picture 6: Where are the girls swimming?